



PLEASE PRINT, POST AND ANNOUNCE

CROMWELL VALLEY PARK

Spring 2018

Baltimore County Department of Recreation and Parks

Cromwell Valley Park Council

2002 Cromwell Bridge Road, Baltimore, MD 21234

RESERVATIONS ARE REQUIRED FOR ALL PROGRAMS, unless stated otherwise.

PLEASE CONTACT US at 410-887-2503, or info@cromwellvalleypark.org, to make your reservations.

These programs are designed to provide a healthy and enjoyable experience for your child. They are not designed to provide childcare. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff cannot detain youth wishing to leave at any time. Children under 13 years of age must be accompanied by an adult.

Should you require special attention (i.e. sign language interpreter, large print, etc.), please give us as much notice as possible by calling the Park Office and/or Therapeutic office at 410-887-5370 or 410-887-5319 (TTY/Deaf)

Habitat Restoration Team - Weed Warrior Days!

We will remove invasive plants from the Park and plant natives and maintain restored habitat – great opportunities for high school students for community service and volunteers who like to work outdoors.

Wednesdays from 2 to 4 PM: MARCH 14 & 21; APRIL 18 & 25; MAY 9 & 23.

Saturdays from 2 to 4 PM: MARCH 3 & 31; APRIL 28; May 19.

Meet at the Sherwood House Parking Lot at Cromwell Valley Park. RSVP Laurie Taylor-Mitchell, Ltmitchell4@comcast.net

Friday, March 2 at 7 PM to 9 PM

Night Out With Nature: “Game Wardens ~ The Thin Green Line” with Loren Lustig – Adults. Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. What happens to Game Wardens when they are out and about in the forests and aquatic areas of the Commonwealth. There is nothing unique about the PA experience for such Officers. The very same joys and sorrows would be experienced by the Maryland DNR Police. Loren promises a “boat load” of true stories, some of which will be humorous, some ridiculous, and some tragic. Loren Lustig became a dedicated and lifelong conservationist as a young child growing up in northern Illinois. He now lives with his wife, Louise, on a farm north of Gettysburg, PA. **\$10 per person. Sherwood House at Cromwell Valley Park**

Friday, March 2 at 7:30 PM to 9:00 PM

Full Sap Moon Hike – Ages 5+. Join a Naturalist for a hike as we discover why Native Americans needed to tap the sugar maple. **\$2 members /\$4 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Saturday, March 3 at 1 PM to 2:30 PM

Mad as a March Hare – All ages. Are rabbits hares? Learn the difference and discover where they live and what they eat. **\$2 members /\$4 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Sunday, March 4 at 1 PM to 3 PM

Antifreeze in the Natural World – All ages. Where do turtles go in the cold winter months? Join a Naturalist and discover how frogs, toads, and turtles survive. **\$2 members /\$4 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Saturday, March 10 at 1 PM to 3 PM

Tools of Bone – Adults. Tools of bone represent some of mankind’s earliest technology. Learn how to make a simple bone tool. **Space is limited! \$2 members /\$4 non-members. Willow Grove Primitive Tech Laboratory at Cromwell Valley Park**

Sunday, March 11 at 1 PM to 3 PM

Blue Bird Box Building – Ages 8+. Help the Eastern Bluebird! Build a house to take home & learn installation, maintenance, and habitat requirements. All tools and materials are provided. **\$15 members /\$20 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Wednesday, March 14, Thursday, March 15 & Friday, March 16 from 10 AM to 1 PM

Trail Guide Training- Adults. We are looking for volunteers to help teach about nature! **March 14 at Marshy Point, March 15 at Cromwell Valley Park, and March 16 at Falls of the Gunpowder & Anita C Leight Center.** Trail guides work programs, special events and help with animal care. Training will familiarize you with our most popular programs as well as the ecology of Cromwell Valley and Marshy Point. **Each day will feature new subjects and techniques to enjoy the great outdoors.** Breakfast, snacks & coffee provided, but bring your lunch and drinks for the trip to the “Falls of the Gunpowder”. New guides pay a \$5 tuition fee. Please call to reserve your space!

Saturday, March 17 at 1 PM to 3 PM

Leprechauns! – Ages 5+. Come find your Pot of Gold! Meet a Naturalist and hike to find the Leprechaun’s gold. **You will need your**

cell phone for this afternoon of discovery. **\$3 members /\$5 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Sunday, March 18 at 1 PM to 2:30 PM

Plan Bee – Ages 5+. Learn all about bees including the native species such as the Mason & Leafcutter bees. You'll do your part in supporting the habitat of these low-maintenance insects by creating a nesting can for your yard.

\$3 members /\$5 non-members. Willow Grove Nature Center at Cromwell Valley Park

Saturday, March 24 at 10 AM to 12 PM

Egg Hunt – Fun for the entire family! Kids ages 3 to 10 can search for candy filled eggs, visit with the 4-H Rabbits, play family games and dye eggs. **See website for details.** Reservations **NOT** required. **\$5 per car donation appreciated. Sherwood House Lawn at Cromwell Valley Park**

Saturday, March 24 at 9 AM to 12 PM

Drop in Gardening! - **Individuals/Families ages 13+**. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden at Cromwell Valley Park**

Sunday, March 25 at 1 PM to 3 PM

Palm Sunday – Ages 13+. Palms are one of the most important plants in the world. Learn which palms grow food, medicine, basket and weapon materials. Bring an open mind to taste food while we manufacture tools from this plant of many uses. **\$3 members / \$5 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Saturdays, March 31 through May 26 at 8 AM to 10 AM

Saturday Morning Bird Walks - Join a Park volunteer for bird walks **EVERY SATURDAY**, March 31 through the May 26. **FREE!** Reservations **NOT** required. Meet at the **Willow Grove Farm Gravel Parking Lot at Cromwell Valley Park**

Saturday, March 31 at 1 PM to 3 PM

Natural Dyes – Ages 5+. Before commercial dyes, bright hues were derived from plants, animals, and minerals found in nature. Bring a dozen hard boiled eggs and learn to make your own natural dyes. **\$3 members /\$5 non-members. Willow Grove Nature Center at Cromwell Valley Park**

Sunday, April 1 at 1 PM to 3 PM

Signs of Spring & Nature Quest Hike – Ages 5+. Join a Naturalist to search for birds, bees, and buds on our way to a Nature Quest marker! We'll provide a QUEST PASSPORT and make a rubbing of the trail name. Once you collect at least five trail rubbings, stop by any of the County Parks listed to collect a prize, and become eligible to attend the **QUEST FEST** for free in the fall. **FREE! Willow Grove Nature Center at Cromwell Valley Park**

Friday, April 6 at 7 PM to 9 PM

Night Out with Nature: "The Importance of Bees" with Lindsay Barranco –**Adults. Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert.** It has been estimated that a third of what we eat can be traced back to the pollination practices of honey bees. The work they do is critically important to home gardeners and our entire food supply. Speaker Lindsay Barranco, who works as a MD Department of Agriculture Regional Apiary Inspector, will tell us more about keeping honey bees and their crucial role in the environment. She will also share information about our native bee pollinators here in Maryland. **\$10 per person. Sherwood House at Cromwell Valley Park**

Saturdays, Starting April 7 to October 20 at 9:30 AM to 11 AM

Children's Garden Club – Ages 5 to 13 with Adult. Grow vegetables, flowers, & herbs while exploring the natural world of our garden. Join us to play, learn, craft, & eat tasty foods you grow yourself. We meet approximately twice per month in the Children's Garden at Willow Grove Nature Center. **Only registered children may attend - no siblings. \$35 members /\$45 non-members for all sessions in the 2018 season. Children's Garden at Cromwell Valley Park**

Saturday, April 7 at 1 PM to 2:30 PM

Amazing Amphibians! – **All ages.** Join a Naturalist with a net and we will see who is singing and who is egg slinging. **Free! Willow Grove Nature Center at Cromwell Valley Park**

Sunday, April 8 at 1 PM to 3 PM

Cheese Making 101 – Ages 8+. Learn to transform local milk into delicious mozzarella and ricotta cheese!
\$10 members /\$15 non-members. Willow Grove Nature Center at Cromwell Valley Park

Tuesdays, April 10 to May 15 at 10:30 AM to 11:30 AM

Wednesdays, April 11 to May 16 at 10:30 AM to 11:30 AM

Poliwoq Preschool Club – Ages 2 to 5 with Adult. Discovering nature is a lifelong journey. In this class, you and your little one will explore the natural world through hands-on activities, nature play, stories and crafts. **Non-mobile siblings only, parent/guardian must be an active participant. Dress for the outdoors. \$20 members /\$30 non-members for 6 sessions. Register for ONE series only. Willow Grove Nature Center at Cromwell Valley Park**

Thursdays, Starting April 12 to October 18 at 9:30 AM to 11:00 AM

Adult Garden Club – Ages 18+. Do you enjoy gardening but don't have the space or a deer-proof fence? Join like-minded green thumbs (or beginner brown thumbs) twice a month to grow vegetables, herbs and flowers and tend to our community plots in our

Garden. We'll provide the seeds and seedlings for planting, and enjoy new recipes together with our harvest. **\$35 members /\$45 non-members for all sessions. *Children's Garden at Cromwell Valley Park***

Saturday, April 14 at 9 AM to 12 PM

Drop in Gardening! - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. ***Children's Garden at Cromwell Valley Park***

Saturday, April 14 at 1 PM to 2 PM

Baby Animal Time! – All ages. Join a Naturalist to see and touch all of our spring babies, then enjoy a story and a snack. **FREE!**
Willow Grove Nature Center at Cromwell Valley Park

Sunday, April 15 at 1 PM to 3 PM

Garlic Mustard Pull & Pesto – Ages 5+. Grab your work gloves and join us as we pull this invasive weed. Then follow us back to the kitchen to learn how to turn this pest into delicious garlic mustard pesto! **\$3 members /\$5 non-members.** ***Willow Grove Nature Center at Cromwell Valley Park***

Saturday, April 21 at 1 PM to 3 PM

Traps, Triggers & Dead Falls – Ages 8+. For thousands of years, these hunting devices have been used all around the world. Learn to make and set dead fall traps using local natural materials. **Participants are required to bring a small knife with non-serrated blade.** **\$2 members /\$4 non-members.** ***Primitive Tech Laboratory at Cromwell Valley Park***

Sunday, April 22 at 1 PM to 2:30 PM

Earth Day – All ages. Learn about why Earth Day is more important than ever and help us plant native wild flowers. **FREE!** ***Nature Center***

Friday, April 27 at 8 PM to 9:30 PM

The Full Fish Moon Hike – Ages 5+. Migrations of fish traveled our waterways to spawn in April. Join a Naturalist for an aquatic night hike. Wear shoes and/or boots that can get wet. **\$2 members /\$4 non-members.** ***Willow Grove Nature Center at Cromwell Valley Park***

Saturday, April 28 at 1 PM to 3 PM

Earth Oven & Wild Edibles – Ages 5+. Join a Naturalist to hike to discover tasty morsels to put on a pizza cooked in the earth oven. **\$4 members /\$6 non-members.** ***Willow Grove Nature Center at Cromwell Valley Park***

Sunday, April 29 at 1 PM to 3 PM

Trek to the Eck Path – Adults. Walk the trail loop around the Eck Farm with a Naturalist while learning about park history and natural history. **FREE!** ***Willow Grove Nature Center at Cromwell Valley Park***

Saturday, May 5 at 10 AM to 4 PM

Sunday, May 6 at 10 AM to 1 PM

Primitive Technology Weekend - All ages. You are invited to the ***Willow Grove Nature Center's Annual Primitive Technology Workshop*** for the purpose of sharing knowledge and hands-on experience in the replication of items composed of stone, bone, wood, and natural fibers. **FREE!** Reservations **NOT** required. ***Willow Grove Nature Center at Cromwell Valley Park***

Friday, May 11 at 7 PM to 9 PM

Night Out with Nature: "The Maryland Biodiversity Project" with Jim Brighton. Adults – Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. Co-founder, Jim Brighton, will join us to talk about the Maryland Biodiversity Project, a non-profit organization focused on cataloging all the living things in our state. The project was started in 2012, with Bill Hubick, in an effort to promote education and conservation of Maryland's natural resources. **\$10 per person.** ***Sherwood House at Cromwell Valley Park***

Saturday, May 12 at 9:30 AM to 11 AM

Discovering Orioles – Ages 5+. Join a Naturalist for an intimate glimpse into the nesting habits of our resident Baltimore Orioles. **\$2 members /\$4 non-members.** ***Willow Grove Nature Center at Cromwell Valley Park***

Saturday, May 12 11 AM to 4 PM AND Sunday, May 13 at 11 AM to 3 PM

TALMAR GARDENS Mother's Day Plant Sale - All ages! TALMAR invites you to purchase your flowers, vegetables, & herbs at our annual Mother's Day Plant Sale. Come check it out & support their programs that serve wounded warriors and individuals with disabilities. **Saturday, May 26 at 10 AM to 12 PM – Raising Chickens Workshop** – The workshop will teach you all about chicken breeds, space requirements, what they eat, and more! Use the Sherwood Farm entrance and follow the signs. **Call:** 410.825.220, or **Email:** talmar@talmar.org, for more information. ***TALMAR Gardens at Cromwell Valley Park***

Sunday, May 13 at 1 PM to 3 PM

Mother's Day Tea – Ages 8+. Celebrate the mom in your life by sharing Mother Earth's tea. Learn the health benefits of natural teas, gather local plants, enjoy a hot porcelain cup of tea, **then take the cup home with you!** **\$5 members /\$7 non-members.** ***Willow Grove Nature Center at Cromwell Valley Park***

Saturday, May 19 at 1 PM to 2:30 PM

Spring Wildflower Walk – Ages 5+. Wildflowers have stories behind their names. Join a Naturalist to learn their fascinating tales. **FREE!** *Willow Grove Nature Center at Cromwell Valley Park*

Sunday, May 20 at 1 PM to 3 PM

Faeries and Elves of the Forest – Ages 3+. Kubiando! Welcome to the realm of the faeries! Make a wand and crown and then head into the forest to share in the magic. Come dressed in your faerie finery. **\$2 members /\$4 non-members.** *Willow Grove Nature Center at Cromwell Valley Park*

Friday, May 25 at 8:30 PM to 9:30 PM**Full Flower Moon Night Hike and Campfire – Ages 5+.** Take a moonlit stroll and then gather around a campfire. **\$3 members /\$5 non-members.** *Willow Grove Nature Center at Cromwell Valley Park*

Saturday, May 26 at 9 AM to 12 PM

Drop in Gardening! - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. *Children's Garden at Cromwell Valley Park*

Saturday, May 26 at 1 PM to 3 PM

Girl Scouts Day - Ages 5-11. Meet some of the amazing animals that call Maryland home, then head outside to explore their natural habitat. This program is for Daisies, Brownies, and Juniors. Participants receive a Cromwell Valley Park patch. **\$5 per Scout.** *Willow Grove Nature Center at Cromwell Valley Park*

Sunday, May 27 at 1 PM to 3 PM

Corn & Dog Roast – Ages 5+. Join us for some fun and food! Native Americans ate corn and their dogs. We'll show you how to make and cook tortillas over an open flame, which can then be wrapped around a **hotdog** to enjoy. **\$3 members /\$5 non-members.** *Willow Grove Nature Center at Cromwell Valley Park*