



## PLEASE PRINT, POST AND ANNOUNCE

CROMWELL VALLEY PARK  
FALL 2017

Baltimore County Department of Recreation and Park & Cromwell Valley Park Council  
2002 Cromwell Bridge Road, Baltimore, MD 21234

**RESERVATIONS ARE REQUIRED FOR ALL PROGRAMS, unless stated otherwise.**

**PLEASE CONTACT US at 410-887-2503, or [info@cromwellvalleypark.org](mailto:info@cromwellvalleypark.org), to make your reservations.**

*These programs are designed to provide a healthy and enjoyable experience for your child. They are not designed to provide childcare. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff cannot detain youth wishing to leave at any time. Children under 13 years of age must be accompanied by an adult.*

*Should you require special attention (i.e. sign language interpreter, large print, etc.), please give us as much notice as possible by calling the Park Office and/or Therapeutic office at 410-887-5370 or 410-887-5319 (TTY/Deaf)*

### **Habitat Restoration Team - Weed Warrior Days!**

We will remove invasive plants from the Park, and in warmer weather, also plant natives and maintain restored habitat – great opportunities for high school students for community service and volunteers who like to work outdoors. **Wednesdays** from 10 AM to 12 PM ~ September 13, 27; October 18, 25; November 8, 15. **Saturdays** from 2 PM to 4 PM ~ September 2, 23; October 14; November 18. **Meet at the Sherwood House Parking Lot.** Reservations **NOT** required. Questions? Please contact Laurie Taylor-Mitchell [ltmitchell4@comcast.net](mailto:ltmitchell4@comcast.net)

### **Saturday, September 2 at 1 PM to 3 PM**

**Painting With Rocks and Minerals – All ages 8+.** Search a stream for naturally occurring pigments. Bring a t-shirt or bandana. Wear shoes that can get wet. **\$2 members/\$4 non-members. Primitive Tech Laboratory**

### **Sunday, September 3 at 11 AM to 1 PM**

**Animal Encounter - All ages.** Stop in the Nature Center to meet some of the critters that call Cromwell Valley Park home. **FREE!** Reservations **NOT** required. **Nature Center**

### **Friday, September 8 at 7 PM to 9 PM**

**Night Out With Nature: "Homesteading On An Acre" – Adults.** The dream of leading a rewarding, self-sufficient lifestyle close to the earth is achievable on less land than you may have imagined! An acre is all you need to produce an abundance of healthy, organic food to nourish your family and friends. In 2014 two Naturalists fell in love, and equipped with big dreams, a pocket full of seeds, and a lonely white hen, they created **The Hippy Homestead**. Today they grow healthy, organic food for a family of five, raise a flock of free range poultry, and open their teaching "farm on an acre" to over 600 like-minded learners a year. **\$10 per person. Sherwood House**

### **Saturdays, Starting September 2 at 8 AM to 10 AM**

**Saturday Morning Bird Walks – All ages.** Join a Park volunteer for bird walks **weekly (except for 9/9) until October 28<sup>th</sup>.** **FREE!** Reservations **NOT** required. Meet at the **Willow Grove Farm Gravel Parking Lot.**

### **Saturday, September 9 at 1 PM to 2:30 PM**

**Insect Safari - All ages 3+.** We'll grab our nets and head to the field for a visit with the most abundant creatures on the planet. Then we'll head back to the Nature Center to create an insect of our own! **\$2 members/\$4 non-members. Nature Center**

### **Sunday, September 10 at 1 PM to 3 PM**

**Hunt for the Wild Banana – Ages 16+.** Hike with a Naturalist to find one of Maryland's native fruits ~ the Pawpaw ~ and then make Pawpaw ice cream! Wear sturdy shoes and bring water. **\$2 members/\$4 non-members. Nature Center**

### **Wednesday, Sept. 13, Thursday, Sept. 14 & Friday, Sept. 15 at 9:30 AM to 1 PM**

**Trail Guide Training! - Adults.** We are looking for volunteers to help teach about nature! We will meet on **Sept. 13 at Marshy Point, Sept. 14 at Cromwell Valley Park, and Sept. 15 at Fort Garrison.** Trail guides work with school programs, special events and animal care. Training will familiarize you with our most popular programs, the ecology of Cromwell Valley and Marshy Point. **Each day will feature new subjects and techniques to enjoy the great outdoors.** Breakfast, snacks & coffee provided, but bring your lunch and drinks for carpool trip to Hemlock Gorge. **New guides pay a \$5 tuition fee. Please call to reserve your space!**

### **Saturday, September 16 AND Sunday, September 17 starting at 9 AM**

**Hawk Watch Weekend! – All ages.** Join Park volunteers and participate in Citizen Science to help us count the **Broad-winged Hawks** as they migrate through the Valley. **Free!** Reservations **NOT** required. **Willow Grove Hawk Watch Site**

### **Sunday, September 17 at 1 PM to 2:30 PM**

**Birds of Prey – All ages.** Discover the survival strategies of these hunters and then get up close and personal with a live bird! **\$2 members/\$4 non-members. Nature Center**

**Friday, September 22 at 7:30 PM to 9 PM**

**Autumn Solstice Bonfire & S'mores** – All ages 5+. Join a Naturalist for some fun around the campfire. **\$3 members/\$5 non-members. Nature Center**

**Saturday, September 23 at 9 AM to 12 PM**

**Drop in Gardening!** - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, September 23 at 1 PM to 2:30 PM**

**Johnny Appleseed** - All ages 3+. Johnny Appleseed spread apples across the land. Hear his legend, press your own apple cider, and make a craft to take home. **\$3 members/\$5 non-members. Nature Center**

**Sunday, September 24 at 1 PM to 3 PM**

**Monarch Madness** - All ages. Join a Park Naturalist to learn about and tag this migratory butterfly! **\$3 members/\$5 non-members. Nature Center**

**Saturday, September 30 at 9 AM to 12 PM**

**Drop in Gardening!** - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, September 30 at 1 PM to 2:30 PM**

**Arachnophobia** – All ages 5+. Let our Naturalist put your mind to ease about these eight-legged bugs. Learn the common spiders of Maryland and how they are helpful to our environment. **\$2 members/\$4 non-members. Nature Center**

**Sunday, October 1 at 11 AM**

**A Walk in the Park** – All ages. Start the beginning of autumn by enjoying the great outdoors! Join a Naturalist for a hike to enjoy the fall splendor on our way to the **Nature Quest** markers. **FREE!** Reservations **NOT** required. **Nature Center**

**Friday, October 6 at 7 PM to 9 PM**

**Night Out With Nature: "A Pictorial Tour of Maryland's Natural Areas"** – Adults. Robert Crook, a frequent visitor to our Park and long-time photographer, will take us on a visual journey through some of the most beautiful local natural areas which include Gunpowder Falls State Park, Soldier's Delight Natural Environment Area, Eden Mill Nature Center, Conowingo Dam, and our very own Cromwell Valley Park. He will share his stunning photographs of native flora and fauna while discussing details of his time spent in nature. Special focus will be placed on dragonflies, caterpillars, moths and butterflies as Mr. Crook describes his experiences using a macro lens to capture shots of these smaller creatures. Get ready to see nature like you never have before!  
**\$10 per person. Sherwood House**

**Saturday, October 7 at 1 PM to 3 PM**

**From Flint to Flame** – All ages 10+ with adult. Humans are the only creatures on planet Earth that make and use fire. Learn to make fire using a variety of traditional methods. **\$2 members/\$4 non-members. Primitive Tech Laboratory**

**Sunday, October 8 at 1 PM to 3 PM**

**Hike to Towson Run Stream** – Ages 16+. This guided hike will take you to the Barrans-Baldwin Trail at the back of the Park. Please wear sturdy shoes and bring water. **FREE! Nature Center**

**Tuesdays, October 10 to November 14 at 10:30 AM to 11:30 AM**

**Wednesdays, October 11 to November 15 at 10:30 AM to 11:30 AM**

**Polliwog Preschool Club** – Ages 2 to 5 with Adult. Discovering nature is a lifelong journey. In this class you and your little one will explore the natural world through hands-on activities, nature play, stories and crafts. **Only registered child may attend - no siblings. Dress for the outdoors. \$20 members/ \$30 non-members for 6 sessions. Register for ONE session only. Nature Center**

**Saturday, October 14 at 10 AM to 4 PM (Rain Date: Sunday, October 15)**

**Fall Harvest Festival** – All ages. Join us for family fun in the Valley! Pony & Hay Rides, Music, Earth Oven Cooking, Apple Pressing, Apple Butter Making, Face Painting, Beekeeping, Family Games & Crafts, Native American Activities, Food and 4-H Animals! Reservations **NOT** required. **Suggested donation is \$5 per car. Willow Grove Farm**

**Saturday, October 21 at 1 PM to 2:30 PM**

**Earth Oven Bread** – All ages 8+. Discover the secret of no-knead bread that you can make at home. We will bake a loaf here in our wood fired Earth Oven. **\$4 members/\$6 non-members. Nature Center**

**Sunday, October 22 at 12 PM to 2 PM**

**Nature Quest Fest at Lake Roland** - All ages. Complete at least 5 trails in your **Nature Quest Passport** to receive free admission to this exciting event. Activities will include canoeing, dam tours, live animals, and more! Pick up your Quest Passport at Wegmans grocery stores and our Nature Center. **\$5 per person, or FREE with Quest course completion.** Reservations **NOT** required.  
**Lake Roland Park**

**Friday, October 27 at 7:30 PM to 9 PM**

**Spooky Stories Campfire and S'mores** - All ages 8+. Swap terrifying tales around a campfire and then enjoy a sweet treat. Come prepared with a (not too) scary story to share! **\$3 members/\$5 non-members. Nature Center**

**Saturday, October 28 at 9 AM to 12 PM**

**Drop in Gardening!** - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, October 28 at 1 PM to 2:30 PM**

**Paint a Pumpkin** – All ages 2+. Choose a pumpkin to decorate from our “pumpkin patch”. **\$3 members/\$5 non-members PER PUMPKIN.** **Nature Center**

**Sunday, October 29 at 1 PM to 2 PM**

**Eye of Newt and Toe of Frog** – All ages 5+. Some creatures considered “creepy” have amazing adaptations. Learn why there is no reason to fear these critters. **\$2 members/\$4 non-members.** **Nature Center**

**Friday, November 3 at 6 PM to 9 PM**

**Night Out With Nature: “Living with Squirrels – Friends or Foes?”** – Adults.

Loren Lustig became a dedicated and lifelong conservationist as a young child growing up in northern Illinois. His daybreak fishing trips (with father and brother) were absolutely unforgettable. A major development in his life and career came when he was appointed as a Wildlife Biologist working with Dr. Vagn Flyger at the University of Maryland. After 5 years working with Dr. Flyger, Loren began his lifelong passion for Environmental Education. Loren met his wife, Louise, at a science learning center in the Black Hills of South Dakota and they now live on a farm north of Gettysburg, PA.

Loren has taken many steps to increase the number and type of squirrels living with him on his farm. This would include hanging nesting boxes, planting nut producing trees, and providing supplemental food (corn) during the winter time. The resident squirrels have fully reimbursed Mr. Lustig through their amazing acrobatic stunts and their fascinating interactions and antics.

**\$10 per person.** **Sherwood House**

**Saturday, November 4 at 1 PM to 3 PM**

**Hiking Sticks** – All ages 10 +. Make one of our ancestors' earliest tools to help you on your next hike. **\$2 members/\$4 non-members.** **Primitive Tech Laboratory**

**Sunday, November 5 at 1 PM to 3 PM**

**Hike Through History** – All ages 16+. Join a Naturalist to learn who called Cromwell Valley home before it was a Park. **\$2 members/\$4 non-members.** **Nature Center**

**Thursday, November 9 at 10:30 AM to 11:30 AM**

**Project Feeder Watch Training** - Adults. Count birds for science, but first, attend this training to learn how! After the training, we will meet weekly at the Nature Center on Tuesdays OR Thursdays for your 1 hour shift beginning on **11/14 until 4/5.** **FREE!** Reservations **NOT** required. **Nature Center**

**Saturday, November 11 at 1 PM to 2:30 PM**

**Natural Art** – All ages 8+. Make arts and crafts using materials from nature. **\$3 members/\$5 non-members.** **Nature Center**

**Sunday, November 12 at 1 PM to 3 PM**

**Native Americans of Maryland** – All ages 5+. Native people hunted, fished and grew crops. Join a Park Naturalist to try out the tools they used ~ bows, arrows, spears and rabbit sticks. **FREE!** **Nature Center**

**Friday, November 17 at 7 PM to 8:30 PM**

**Beaver Moon Hike** – All ages 8+. Learn how the beaver builds its home and then hike with a Naturalist to find signs of these resident rodents. **\$2 members/\$4 non-members.** **Nature Center**

**Saturday, November 18 at 1 PM to 2:30 PM**

**Let's Talk Turkey** - All ages. Benjamin Franklin wanted the turkey to be our national symbol. Meet our live turkey and learn what makes them special. **\$2 members/\$4 non-members.** **Nature Center**

**Sunday, November 19 at 1 PM to 3 PM**

**Fort Garrison Feast** – All ages 10+. The fort was built on the Maryland frontier in 1693. Meet the Rangers and find out how they lived and what they ate. Limited to 10 people! **Reservations required.** Directions given at time of registration. Don't miss this once a year event! **\$12 members/\$15 non-members.** **Historic Fort Garrison**

**Saturday, November 25 at 1 PM to 2:30 PM**

**Build A Brush Survival Shelter** – All ages 5+. Bring your family and make a shelter from branches, leaves, and other forest finds. **FREE!** **Nature Center**

**Sunday, November 26 at 1 PM to 2:30 PM**

**Goodnight Groundhog** - All ages. The woodchuck is a remarkable animal and has to put on fat for the winter. Join us to learn about them and search for their burrows. **\$2 members/\$4 non-members.** **Nature Center**