



**CROMWELL VALLEY PARK**  
**Spring 2017**  
**Baltimore County Department of Recreation and Parks**  
**Cromwell Valley Park Council**  
**2002 Cromwell Bridge Road, Baltimore, MD 21234**

**RESERVATIONS ARE REQUIRED FOR ALL PROGRAMS, unless stated otherwise.**

**PLEASE CONTACT US at 410-887-2503, or [info@cromwellvalleypark.org](mailto:info@cromwellvalleypark.org), to make your reservations.**

*These programs are designed to provide a healthy and enjoyable experience for your child. They are not designed to provide childcare. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff cannot detain youth wishing to leave at any time. Children under 13 years of age must be accompanied by an adult.*

*Should you require special attention (i.e. sign language interpreter, large print, etc.), please give us as much notice as possible by calling the Park Office and/or Therapeutic office at 410-887-5370 or 410-887-5319 (TTY/Deaf)*

**Habitat Restoration Team - Weed Warrior Days!**

We will remove invasive plants from the Park and plant natives and maintain restored habitat – great opportunities for high school students for community service and volunteers who like to work outdoors.

**Wednesdays from 2 to 4 PM:** MARCH 8 & 22, APRIL 5, MAY 3.

**Saturdays from 2 to 4 PM:** MARCH 4 & 18, APRIL 1 & 29.

BEGINNING ON MAY 10, the work time changes to 10 AM to 12 PM.

**Wednesdays from 10 AM to 12 PM:** MAY 10, 24 & 31.

**Saturdays from 10 AM to 12 PM:** MAY 20.

**Meet at the Sherwood House Parking Lot.** RSVP Laurie Taylor-Mitchell, [Ltmitchell4@comcast.net](mailto:Ltmitchell4@comcast.net)

**Friday, March 3 at 7 PM to 9 PM**

**Night Out with Nature: “Dinosaurs in Maryland”**, with Dr. Peter M. Kranz. Adults – Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. Dr. Kranz is a paleontologist and noted expert on Maryland’s dinosaurs. He has worked with museums, universities, and scientists throughout the world and has collected fossils on every continent in the northern hemisphere. His work involves “Dinosaur Park”, a unique site in Laurel Maryland, which preserves a rare deposit of fossils and early Cretaceous period. He also manages The Dinosaur Fund, a not-for-profit organization to help raise money for dinosaur research. **\$10 individuals /\$15 couples. Sherwood House**

**Saturday, March 4 at 1 PM to 3 PM**

**Winter Wreaths – All ages 8+.** Help a Naturalist prune the Park’s native berry vines and make a wreath to take home from the trimmings. Bring sturdy/work gloves (to rub off the thorns) and, if you are partial to your own clippers, bring them, too. **\$2 members /\$4 non-members. Nature Center**

**Sunday, March 5 at 1 PM to 3 PM**

**Girl Scout Day - Ages 5-11.** Meet some of the amazing animals that call Maryland home, then head outside to explore their natural habitat. This program is for Daisies, Brownies, and Juniors. Participants receive a Cromwell Valley Park patch. **\$3 members /\$5 non-members. Nature Center**

**Friday, March 10 at 7:30 PM to 9:00 PM**

**Full Sap Moon Hike – All ages.** Join a Naturalist for a hike as we discover why Native Americans needed to tap the sugar maple. **\$2 members /\$4 non-members. Nature Center**

**Saturday, March 11 at 1 PM to 3 PM**

**A Big Dam Hike – All ages 8+.** Join a Naturalist for a hike to Loch Raven Dam. Moderate difficulty; please wear sturdy shoes and bring water. **\$2 members /\$4 non-members. Nature Center**

**Sunday, March 12 at 1 PM to 3 PM**

**Blue Bird Box Building – All ages 8+.** Help the Eastern Bluebird! Build a house to take home & learn installation, maintenance, and habitat requirements. All tools and materials are provided. **\$15 members /\$20 non-members. Nature Center**

**Saturday, March 18 at 1 PM to 2:30 PM**

**Keeping Backyard Chickens – All ages 8+.** Learn how to keep and raise chickens in this workshop. **\$2 members /\$4 non-members. Nature Center**

**Sunday, March 19 at 1 PM to 2:30 PM**

**Plan Bee – Ages 5+.** Learn all about bees including the native species such as the Mason & Leafcutter bees. You’ll do your part in supporting the habitat of these low-maintenance insects by creating a nesting can for your yard. **\$3 members /\$5 non-members. Nature Center**

**Wednesday, March 22, Thursday, March 23 & Friday, March 24 at 10 AM to 1 PM**

**Trail Guide Training ~ New Year, New Look! - Adults.** We are looking for volunteers to help teach about nature! We will meet on **March 22 at Marshy Point, March 23 at Cromwell Valley Park, and March 24 at Hemlock Gorge.** Trails guides work with programs, special events and animal care. Training will familiarize you with our most popular programs, the ecology of Cromwell Valley and Marshy Point. **Each day will feature new subjects and techniques to enjoy the great outdoors.** Breakfast, snacks & coffee provided, but bring your lunch and drinks for the trip to Hemlock Gorge. **New guides pay a \$5 tuition fee. Please call to reserve your space!**

**Saturday, March 25 at 9 AM to 12 PM**

**Drop in Gardening! - Individuals/Families ages 13+.** Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, March 25 at 1 PM to 2:30 PM**

**Traps, Triggers & Dead Falls – Ages 8+.** For thousands of years, these hunting devices have been used all around the world. Learn to make and set dead fall traps using local natural materials. **\$2 members /\$4 non-members. Primitive Tech Laboratory**

**Sunday, March 26 at 10 AM to 3 PM**

**Spring Adventure Trek - All ages 3+.** Your adventure begins at the nature center. Stop by to get started on a self-guided journey around the park. Afterwards, return to the nature center to receive a prize. **FREE! Nature Center**

**Saturdays, April 1 through May 27 at 8 AM to 10 AM**

**Saturday Morning Bird Walks -** Join a Park volunteer for bird walks **EVERY SATURDAY**, April 1 through the May 27. **FREE!** Reservations **NOT** required. Meet at the **Willow Grove Farm Gravel Parking Lot.**

**Saturday, April 1 at 9 AM to 12 PM**

**Drop in Gardening! - Individuals/Families ages 13+.** Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, April 1 at 1 PM to 2 PM**

**Animal Tricks – All ages.** Animals play dead, freeze in place, or match their surroundings to survive. Join a Naturalist as we learn about animals and their tricks! **\$2 members /\$4 non-members. Nature Center**

**Sunday, April 2 at 1 PM to 3 PM**

**Cheese Making for Beginners – Ages 8+.** Learn to transform local milk into delicious mozzarella and ricotta cheese! **\$10 members /\$15 non-members. Nature Center**

**Thursdays, Starting April 6 to October 19 at 10 AM to 11:30 AM**

**Home School Garden Club – Ages 8 to 13 with Adult.** Environmental science, farming practices, nutrition, cooking and lots of hard work all wrapped up in a fun package called "Home School Garden Club". Grow your own vegetables, herbs and flowers in ways that protect and support our natural resources, then head to the kitchen to sample our bounty. We meet twice a month in the Children's Garden at Willow Grove Nature Center. **Only registered children may attend - no siblings. \$35 members/ \$45 non-members for all sessions in the 2017 season. Children's Garden**

**Friday, April 7 at 7 PM to 9 PM**

**Night Out with Nature: "Chasing Springtime Across Maryland" with Bryan Mackay – Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert.** Bryan Mackay has been exploring Maryland on foot and by canoe, kayak and bicycle for almost forty years. He loves the ever-changing cycle of the season, and is especially enchanted by the plants and animals that share the Free State with us. Tonight he will focus on wildflowers, other plants, and wildlife that appear in our Parks, and will give advice on the best places to see them. Bryan is a senior lecturer (now emeritus) at UMBC, where he taught ecology, field biology, plant biology and trail hiking. He will have copies of his most recent book, "**A Year Across Maryland**", available for purchase and signing after the presentation. **\$10 individuals /\$15 couples. Sherwood House**

**Saturday, April 8 at 10 AM to 12 PM**

**Egg Hunt – Fun for the entire family!** Kids ages 3 to 10 can search for candy filled eggs, visit with the 4-H Rabbits, play family games and dye eggs. See website for more details. Reservations **NOT** required. **\$5 per car donation appreciated. Sherwood House Lawn.**

**Saturdays, Starting April 8 to October 21**

**Children's Garden Club – Ages 5 to 13 with Adult.** Grow vegetables, flowers, & herbs while exploring the natural world of our garden. Join us to play, learn, craft, & eat tasty foods you grow yourself. We meet twice per month in the Children's Garden at Willow Grove Nature Center. **Only registered children may attend - no siblings. Choose one of two sessions (25 max. per session). 9:30 AM - 10:45 AM OR 10:45 AM - 12 PM. \$35 members/ \$45 non-members for all sessions in the 2017 season. Children's Garden**

**Sunday, April 9 at 1 PM to 2:30 PM**

**Signs of Spring Hike – All ages 5+.** Join a Naturalist to search for birds, bees and buds! **\$2 members /\$4 non-members. Nature Center**

**Friday, April 14 at 8 PM to 9:30 PM**

**The Full Fish Moon – All ages.** Migrations of fish traveled our waterways to spawn in April. Join a Naturalist for an amphibian night hike. Wear shoes and or boots that can get wet. **\$3 members /\$5 non-members. Nature Center**

**Saturday, April 15 at 1 PM to 3 PM**

**Natural Dyes – All ages 5+.** Before commercial dyes, bright hues were derived from plants, animals, and minerals found in nature. Learn to make your own natural dyes. Bring a dozen hard boiled eggs or a small piece of fabric to dye. **\$3 members /\$5 non-members. Primitive Tech Laboratory**

**Sunday, April 16 at 10 AM to 3 PM**

**Nature Quest Hike – All ages.** Your **Quest** adventure begins here! Pick up your **PASSPORT** and make a rubbing of the trail name on the corresponding trail page. Once you collect at least five trail rubbings, stop by any of the County Parks listed to collect a prize, and become eligible to attend the **QUEST FEST** for free in the fall. Reservations **NOT** required. **FREE! Nature Center**

**Wednesdays, April 19 to May 24 at 10:30 AM to 11:30 AM**

**Polliwog Preschool Club – Ages 2 to 5 with Adult.** Discovering nature is a lifelong journey. In this class you and your little one will explore the natural world through hands-on activities, nature play, stories and crafts. **Only registered children may attend - no siblings.** Dress for the outdoors. **\$20 members/ \$30 non-members for 6 sessions. Nature Center**

**Saturday, April 22 at 1 PM to 3 PM**

**Earth Day Planting – All ages.** Be prepared to get dirty! Learn about native flowers and help us plant some around the Nature Center to attract local wildlife. **FREE! Nature Center**

**Sunday, April 23 at 1 PM to 3 PM**

**Earth Oven Pizza – All ages 3+.** Join a Naturalist to collect spring cress to put on your very own personal pizza. **\$4 members /\$6 non-members. Nature Center**

**Saturday, April 29 at 9 AM to 12 PM**

**Drop in Gardening! - Individuals/Families ages 13+.** Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE! Reservations NOT required. Children's Garden**

**Saturday, April 29 at 1 PM to 3 PM**

**Amazing Amphibians! – All ages.** Grab a net and join our Naturalist as we discover which amphibians are out and about. **\$2 members /\$4 non-members. Nature Center**

**Sunday, April 30 at 1 PM to 2 PM**

**Pre-K Possum Tale – Ages 2 to 5.** Join us to meet “Pouchy”, our very own possum, and hear the story of how the possum lost its beautiful furry tail. You will make a craft and enjoy a snack. Parent **MUST** stay. **\$2 members /\$4 non-members. Nature Center**

**Friday, May 5 at 7 PM to 9 PM**

**Night Out with Nature: “The Role of Connection to Nature on Psychological Well-Being and Spirituality ” with Dr. Heidi Schreiber-Pan.** Adults – Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. Most of us feel better after a walk outdoors or at the sight of something beautiful in nature. Dr. Heidi Schreiber-Pan has studied extensively the connection between our well being and nature and will discuss how nature impacts human resilience and overall mental health, and the role of spirituality in this relationship. Dr. Schreiber-Pan is a successful psychotherapist in private practice and is an affiliate faculty member at Loyola University and received her PhD in Counseling Psychology, with a specialty in Spiritual Integration. **\$10 individuals /\$15 couples. Sherwood House**

**Saturday, May 6 AND Sunday, May 7 at 10 AM to 4 PM**

**Primitive Technology Weekend - All ages.** You are invited to the **Willow Grove Nature Center's Annual Primitive Technology Workshop** for the purpose of sharing knowledge and hands-on experience in the replication of items composed of stone, bone, wood, and natural fibers. **FREE! Reservations NOT required. Willow Grove Farm**

**Friday, May 12 at 8:30 PM to 10 PM**

**Full Flower Moon Night Hike and Campfire – All ages 5+.** Take a moonlit stroll and then gather around a campfire. **\$3 members /\$5 non-members. Nature Center**

**Saturday, May 13 AND Sunday, May 14 at 11 AM to 4 PM**

**TALMAR GARDENS Mothers Day Plant Sale - All ages!** TALMAR invites you to purchase your flowers, vegetables, & herbs at our annual Mother's Day Plant Sale. Come check it out & support their programs that serve wounded warriors and people of all abilities. **TALMAR Gardens (use the Sherwood Farm Entrance and follow the signs).**

**Saturday, May 13 at 1 PM to 3 PM**

**Plant Swap – All ages 3+.** The best plants don't always come from the garden center. Bring your labeled seeds, divisions, and cuttings to swap and share. **FREE! Reservations NOT required. Nature Center**

**Sunday, May 14 at 1 PM to 3 PM**

**Mother's Day Tea - All ages 8+.** Celebrate the mom in your life by sharing Mother Earth's tea. Learn the health benefits of natural tea, gather local plants, and then enjoy a hot cup! **\$2 members /\$4 non-members. Nature Center**

**Saturday, May 20 at 9:30 AM – 11 AM**

**Discovering Orioles – All ages 5+.** Join a Naturalist for an intimate glimpse into the nesting habits of our resident Baltimore Orioles. **\$2 members /\$4 non-members. Nature Center**

**Sunday, May 21 at 1 PM to 3 PM**

**Faeries and Elves of the Forest – All ages 3+.** Kubiando! Welcome to the realm of the faeries! Make a wand and crown and then head into the forest to share in the magic. Come dressed in your faerie finery. **\$2 members /\$4 non-members. Nature Center**

**Saturday, May 27 at 1 PM to 3 PM**

**Spring Wildflower Walk – All ages.** Spring has sprung and so have our native plants and wildflowers. Join us for a walk to learn their names, uses and lore. **\$2 members /\$4 non-members. Nature Center**

**Sunday, May 28 at 1 PM to 3 PM**

**Garlic Mustard Pull & Pesto – All ages 5+.** Grab your work gloves and join us as we pull this invasive weed. Then follow us back to the kitchen to learn how to turn this pest into delicious garlic mustard pesto! **\$3 members /\$5 non-members. Nature Center**