



## PLEASE PRINT, POST AND ANNOUNCE

CROMWELL VALLEY PARK

Spring 2019

Baltimore County Department of Recreation and Parks

Cromwell Valley Park Council

2002 Cromwell Bridge Road, Baltimore, MD 21234

**RESERVATIONS ARE REQUIRED FOR ALL PROGRAMS, unless stated otherwise.**

**PLEASE CONTACT US at 410-887-2503, or [info@cromwellvalleypark.org](mailto:info@cromwellvalleypark.org), to make your reservations.**

*These programs are designed to provide a healthy and enjoyable experience for your child. They are not designed to provide childcare. Therefore, parents are encouraged to discuss attendance expectations with their children. Department staff cannot detain youth wishing to leave at any time. Children under 13 years of age must be accompanied by an adult.*

*Should you require special attention (i.e. sign language interpreter, large print, etc.), please give us as much notice as possible by calling the Park Office and/or Therapeutic office at 410-887-5370 or 410-887-5319 (TTY/Deaf)*

### **Habitat Restoration Team - Weed Warrior Days!**

We will remove invasive plants from the Park and plant natives and maintain restored habitat – great opportunities for high school students for community service and volunteers who like to work outdoors.

**Wednesdays from 2 to 4 PM:** MARCH 13, 27; APRIL 3, 24; MAY 8, 15.

**Saturdays from 2 to 4 PM:** MARCH 2, 23; APRIL 20, 27; May 4, 11.

**Meet at the Sherwood House Parking Lot at Cromwell Valley Park.** RSVP Laurie Taylor-Mitchell, [Ltmitchell4@comcast.net](mailto:Ltmitchell4@comcast.net)

**Friday, March 1 at 7 PM to 9 PM**

**Night Out with Nature: “Lights Out Baltimore: Saving Birds One Building at a Time”** with Lindsay Jacks – Adults. Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. Lindsay Jacks is the Director of Lights Out Baltimore (LOB), a non-profit of the Baltimore Bird Club that strives to make Baltimore safe for migratory birds. LOB walks a 5-mile loop downtown during migration season to rescue injured birds and collect the dead ones that have fallen victim to light pollution and glass collisions. LOB works with the city and local organizations to reduce light pollution and advocate for bird-friendly building design. Lindsay has been a bird keeper in Association of Zoo and Aquariums (AZA) institutions for over 10 years and serves on the committee of AZA’s North American Songbird Working Group. She is also a volunteer at Phoenix Wildlife Center and enjoys caring for the injured birds she finds on her LOB walks and releasing them back to the wild. **\$10 per person. Sherwood House**

**Saturday, March 2 at 1 PM to 2 PM**

**Wake Up, Sleepy Head** – Ages 5 to 10. Join a Naturalist to find out how our hibernating animals know when it’s time to wake up from a long winter’s nap. We’ll search for early signs of spring. Dress for the weather. **FREE! Nature Center**

**Sunday, March 3 at 1 PM to 2:30 PM**

**Wet Boots & Frog Snoots** – Ages 5+. Wear waterproof boots and join a Naturalist as we search for Cromwell Valley’s awesome amphibians! **FREE! Nature Center**

**Saturday, March 9 at 1 PM to 2 PM**

**Mad as a March Hare** – All ages. Are rabbits hares? Learn the difference and discover where they live and what they eat. **\$2 members /\$4 non-members. Nature Center**

**Sunday, March 10 at 1 PM to 2:30 PM**

**Antifreeze in the Natural World** – All ages. Where do turtles go in the cold winter months? Join a Naturalist and discover how frogs, toads, and turtles survive. **\$2 members /\$4 non-members. Nature Center**

**Wednesday, March 13, Thursday, March 14 & Friday, March 15 from 10 AM to 1 PM**

**Trail Guide Training** - Adults. We are looking for volunteers to help teach about nature! **March 13 at Marshy Point, March 14 at Cromwell Valley Park, March 15 at Eden Mill Nature Center.** Trail guides assist with programs, special events and animal care. Training will familiarize you with our most popular programs as well as the ecology of Cromwell Valley and Marshy Point. **Each day will feature new subjects and techniques to enjoy the great outdoors.** Breakfast, snacks & coffee provided, but pack a lunch & drinks for the trip to **Eden Mill Nature Center.** **New guides pay a \$5 tuition fee. Please contact us for more details and to reserve your space!**

**Saturday, March 16 at 1 PM to 2:30 PM**

**Plan Bee – Ages 5+**. Learn all about bees including the native species such as the Mason & Leafcutter bees. You'll do your part in supporting the habitat of these low-maintenance insects by creating a nesting can for your yard.

**\$3 members /\$5 non-members. *Nature Center***

**Sunday, March 17 at 1 PM to 3 PM**

**The Emerald Isle – Ages 6+**. The Isle gave us leprechauns, pots of gold and soda bread. Join a Naturalist to discover Ireland and make soda bread in our earth oven. **\$5 members /\$7 non-members. *Nature Center***

**Friday, March 22 at 7 PM to 8:30 PM**

**Full Worm Moon Hike & Campfire – Ages 5+**. Native Americans took note of when worms appeared each year. Join a Naturalist to discover the signs of spring and enjoy a campfire with S'mores. **\$3 members /\$5 non-members. *Nature Center***

**Saturday, March 23 at 11:30 AM to 1:30 M**

**Blue Bird Box Building – Ages 8+**. Help the Eastern Bluebird! Build a house to take home & learn installation, maintenance, and habitat requirements. All tools and materials are provided. **\$15 members /\$20 non-members. *Nature Center***

**Sunday, March 24 at 11 AM**

**A Walk in the Park & Nature Quest Hike – All ages.** Start the beginning of spring by enjoying the great outdoors! Join a Naturalist to enjoy the spring splendor and hike to the ***Nature Quest*** markers. **Wegman's** Quest Booklets will be available on site. Reservations **NOT** required. **FREE! *Nature Center***

**Saturdays, March 30 THROUGH May 25 at 8 AM to 10 AM**

**Saturday Morning Bird Walks** - Join a Park volunteer for bird walks **EVERY SATURDAY**, March 30 through May 25. **FREE!** Reservations **NOT** required. Meet at the ***Willow Grove Farm Gravel Parking Lot.***

Attendance Cap: UNLIMITED

**Saturday, March 30 at 9 AM to 12 PM**

**Drop in Gardening!** - **Individuals/Families ages 13+**. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. ***Children's Garden***

**Saturday, March 30 at 1 PM to 3 PM**

**Clay Pot Cooking – Ages 10+**. Before there was Revere ware, humans made ceramic cooking pots. Join us at the Lab to learn how to build fire, cook in clay pots, and make a soup to share from wild plants and animals. **Space is limited!** **FREE! *Primitive Technology Laboratory***

**Sunday, March 31 at 1 PM to 2:30 PM**

**Scrambled Eggs – Ages 5 to 10.** Join a Naturalist as we unscramble the mystery behind the different egg masses in our ponds. Wear waterproof boots! **\$2 members /\$4 non-members. *Nature Center***

**Friday, April 5 at 7 PM to 9 PM**

**Night Out with Nature: “Heroes of Conservation: Their Legacy & Messages for Today”** with Loren Lustig – **Adults. Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert.** Loren Lustig dedicated his life to conservation work as a young teenager in the early 1960s. He has worked as a wildlife biologist, park naturalist, resource manager, and environmental educator for almost 50 years. He has also been selected for leadership opportunities in both regional and national conservation organizations. His program will present information about America's most important conservation leaders over the past 200 years. Their legacy and messages have remarkable validity and importance for 21<sup>st</sup> century Americans. Loren and his wife, Louise, live on an “Aldo Leopold” type farm north of Gettysburg, PA. They have enjoyed implementing many conservation measures on the farm, and have made it available as an environmental education and outdoor recreation site. **\$10 per person. *Sherwood House***

**Saturday, April 6 at 9 AM to 12 PM**

**Drop in Gardening!** - **Individuals/Families ages 13+**. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. ***Children's Garden***

**Saturday, April 6 at 1 PM to 3 PM**

**Natural Dyes – Ages 5+.** Before commercial dyes, bright hues were derived from plants, animals, and minerals found in nature. Bring a dozen hard boiled eggs and learn to make your own natural dyes.

**\$3 members /\$5 non-members. Nature Center**

**Sunday, April 7 at 1 PM to 2:30 PM**

**Amazing Amphibians! – Ages 5+.** Join a Naturalist with a net and we will see who is singing and who is egg slinging.  
**Free! Nature Center**

**Saturday, April 13 at 10 AM to 12 PM**

**Egg Hunt** – Fun for the entire family! Kids ages 3 to 10 can search for candy filled eggs, visit with the 4-H Rabbits, play family games and dye eggs. **See insert for details.** Reservations **NOT** required. **\$5 per car donation appreciated.**  
**Sherwood House Lawn.**

**Saturdays, Starting April 13 to October 19 at 9:30 AM to 11 AM**

**Registration for this program is available ONLY through our on-line system.**

**Children's Garden Club – Ages 5 to 13 with Adult.** Grow vegetables, flowers, & herbs while exploring the natural world of our garden. Join us to play, learn, craft, eat tasty foods you grow yourself. We meet approximately twice per month in the Children's Garden at Willow Grove Nature Center. **Only registered children may attend - no siblings.**

**\$35 members /\$45 non-members for all sessions in the 2019 season. Children's Garden**

**Sunday, April 14 at 1 PM to 3 PM**

**Palm Sunday – Ages 13+.** Palms are one of the most important plants in the world. Learn which palms grow food, medicine, basket and weapon materials. Bring an open mind to taste food while we manufacture tools from this plant of many uses. **\$3 members /\$5 non-members. Primitive Technology Laboratory**

**Tuesdays, April 16 to May 21 at 10:30 AM to 11:30 AM**

**Wednesdays, April 17 to May 22 at 10:30 AM to 11:30 AM**

**Registration for this program is available ONLY through our on-line system.**

**Polliwog Preschool Club – Ages 2 to 5 with Adult.** Discovering nature is a lifelong journey. In this class, you and your little one will explore the natural world through hands-on activities, nature play, stories and crafts. **Non-mobile siblings only, parent/guardian must be an active participant. Dress for the outdoors. \$60 members /\$80 non-members for 6 sessions. Register for ONE series only. Nature Center**

**Thursdays, Starting April 18 to October 24 at 8:30 AM to 10:30 AM**

**Adult Garden Club – Ages 18+.** Do you enjoy gardening but don't have the space or a deer-proof fence? Join like-minded green thumbs (or beginner brown thumbs) twice a month to grow vegetables, herbs and flowers and tend to our community plots in our Garden. We'll provide the seeds and seedlings for planting, and we'll share new recipe ideas together with our harvest. **\$35 members /\$45 non-members for all sessions. Children's Garden at Willow Grove Farm**

**Friday, April 19 at 8 PM to 9:30 PM**

**The Full Fish Moon Hike & Campfire – Ages 5+.** Migrations of fish traveled our waterways to spawn in April. Join a Naturalist for an aquatic night hike and S'mores campfire. Wear shoes and/or boots that can get wet. **\$2 members /\$4 non-members. Nature Center**

**Saturday, April 20 at 1 PM to 3 PM**

**Earth Day Celebration – All ages.** Learn how important the Earth is to us as human beings ~ past, present and our immediate future. Help us plant a Pawpaw forest to help reduce carbon dioxide. Bring a trowel if you have one.  
**FREE! Nature Center**

**Sunday, April 21 at 11 AM to 3 PM**

**Easter Sunday Self-Guided Trail Trek – All ages.** Stop by our Nature Center, pick up a booklet and set off on a self-guided hike on our trails. Return to the center to pick up a prize and meet our **special guest bunny!** Reservations **NOT** required.

**FREE! Nature Center**

**Saturday, April 27 at 1 PM to 2:30 PM**

**Garlic Mustard Pull & Pesto – Ages 5+.** Grab your work gloves and join us as we pull this invasive weed. Then follow us back to the kitchen to learn how to turn this pest into delicious garlic mustard pesto! **\$3 members /\$5 non-members. Nature Center**

**Sunday, April 28 at 1 PM to 3 PM**

**Girl Scouts Day - Ages 5-11.** Meet some of the amazing animals that call Maryland home, then head outside to explore their natural habitat. This program is for **Daisies, Brownies, and Juniors**. Participants receive a Cromwell Valley Park logo patch. **\$5 per Scout. Nature Center**

**Saturday, May 4 at 10 AM to 4 PM**

**Sunday, May 5 at 10 AM to 1 PM**

**Primitive Technology Weekend - All ages.** You are invited to the **Willow Grove Nature Center's Annual Primitive Technology Workshop** for the purpose of sharing knowledge and hands-on experience in the replication of items composed of stone, bone, wood, and natural fibers. **FREE!** Reservations **NOT** required. **Willow Grove Farm**

**Friday, May 10 at 7 PM to 9 PM**

**Night Out with Nature: "Backyard Gardening to Save the Bay" with Deborah Bacharach of Baltimore County Master Gardeners** – Spend your evening at Cromwell Valley Park with our guest speaker and enjoy dessert. Most Maryland residents live within a half mile of a stream, storm drain, or river and most of those drain into the Chesapeake Bay. What we do in our yards, such as mowing, mulching, watering, fertilizing and planting can have a direct effect on the health of the Bay and the health of our environment. Come learn about "Bay Wise" practices with Deborah Bacharach. Deborah completed the Baltimore County Master Gardener training course, affiliated with the University of Maryland, and began volunteering for the "Grow It Eat It" and "Bay Wise" Committees of the Master Gardener program. She is currently the Co-Chair of the Bay Wise Committee of the BCMGs and has worked extensively in the Bay Wise Demonstration Garden at the Ag Center on Shawan Road. **\$10 per person. Sherwood House**

**Saturday, May 11 at 11 AM to 1 PM**

**Orioles ~ Neo-Tropical Migrants** – All ages+. Bring binoculars and join a Naturalist to spot a nest, listen for their songs, and find out where they've been. **FREE! Nature Center**

**Saturday, May 11 at 11 AM to 3 PM AND Sunday, May 12 at 11 AM to 3 PM**

**TALMAR GARDENS Mother's Day Plant Sale** - All ages! **TALMAR** invites you to purchase your flowers, vegetables, herbs at our annual Mother's Day Plant Sale. Come check it out & support their programs that serve wounded warriors & individuals with disabilities. **TALMAR Gardens (use the Sherwood Farm Entrance and follow the signs).**

**Sunday, May 12 at 1 PM to 3 PM**

**Mother's Day Tea in the Garden** – Ages 8+. Celebrate the Mom in your life by sharing Mother Earth's tea. Learn the health benefits of natural teas, gather local plants, enjoy a hot porcelain cup of tea, **then take the cup home with you!** **\$5 members /\$7 non-members. Nature Center**

**Friday, May 17 at 8 PM to 9:30 PM**

**Full Flower Moon Night Hike and Campfire** – Ages 5+. Take a moonlit stroll and then gather around a campfire for S'mores. **\$3 members /\$5 non-members. Nature Center**

**Saturday, May 18 at 9 AM to 12 PM**

**Drop in Gardening!** - Individuals/Families ages 13+. Volunteers join us for a morning in the garden. We provide direction, gloves, tools and water. You bring a hat, sun screen and a little energy. **FREE!** Reservations **NOT** required. **Children's Garden**

**Saturday, May 18 at 1 PM to 3 PM**

**Boy Scout Day** – Ages 5 to 11. Meet some of the amazing animals that call Maryland home, then head outside to explore their natural habitat. This program is for **Lion, Tiger & Wolf Cubs**. Participants receive a Cromwell Valley Park logo patch. **\$5 per Scout. Nature Center**

**Sunday, May 19 at 1 PM to 3 PM**

**Faeries and Elves of the Forest** – Ages 3+. Welcome to the realm of the faeries! Make a wand and crown and then head into the forest to share in the magic. Come dressed in your faerie finery. **\$2 members /\$4 non-members. Nature Center**

**Saturday, May 25 at 1 PM to 3 PM**

**Beaver Valley** – Ages 8+. Cromwell Valley has beavers from time to time. Join us at the Nature Center to learn how these animals shape the landscape, then hike with the Naturalist to see beaver-cut trees. **FREE!**

**Sunday, May 26 at 11 AM to 12:30 PM**

**Frog Round Up – Ages 8+**. Wear your waterproof shoes or boots as we hike to the Marble Springs. We'll provide the nets and capture containers. We will identify and release what we catch. **FREE! Nature Center**  
Attendance Cap: 20

**Monday, May 27**

**Happy Memorial Day!** – The Nature Center and Park Office will be closed, but the Park will be open for this Baltimore County Holiday.